

# Menu

## TO START

BUFFALO CHICKEN WINGS our distinctive smoky flavoured wings, coated in a hot buffalo sauce & sesame seeds £8  
Contains: Sesame GF

MUSHROOM BRUSCHETTA toasted sourdough bread topped with truffle mushrooms, garlic & wild herbs, drizzled with a balsamic glaze £7.50  
Contains: Wheat, Sulphites May Contain: Nuts VG/VE

TEMPURA PRAWNS soy & garlic marinated king prawns coated in a light tempura batter & a sweet chilli dip £8.50  
Contains: Crustaceans, Wheat, Soya

GARLIC & PARSLEY PIZZA BREAD home-made pizza dough stretched & covered with garlic butter & parsley £7  
Contains: Wheat, Milk VG  
+Add Cheese £1

HALLOUMI grilled halloumi cheese served with spicy salsa & crunchy slaw £8  
Contains: Milk, Sulphites VG

A stylized, handwritten-style logo consisting of the initials 'TBJ' in a dark, thin-lined font. The letters are fluid and interconnected, with a small flourish at the end of the 'J'.

# Mains

## FISH & CHIPS £17.50

Our freshly beer battered Cod served with chunky chips, homemade tartar sauce, and a choice of garden or mushy peas

Contains: Fish, Wheat, Sulphites, Egg, Mustard

-NOT AVAILABLE ON SUNDAYS-

## COTTAGE PIE £17.50

Minced beef in a rich red wine & onion gravy, creamy mashed potato topping, with a parsnip crumb and golden cheese crust, served with steamed veg

Contains: Egg, Sulphites, Celery, Wheat, Milk (GF OPTION)

## SCAMPI & CHIPS £16.50

Wholetail Atlantic scampi served with chunky chips, mushy peas or garden peas & homemade tartar sauce

Contains: Milk, Wheat, Sulphites, Egg, Mustard

## BBQ CHICKEN £16.50

Succulent buttermilk battered chicken fillets, crispy smoked bacon, topped with melted cheddar, smothered in a rich BBQ sauce, served with beer battered onion rings, chunky chips & slaw

Contains: Wheat, Milk, Soy, Sesame

## VEGETABLE CURRY £16.50

Served with pilau rice, poppadom, naan & onion salad

Contains: Ask for allergens VG

## GREEN SALAD £11.50

Mixed leaf salad, rocket, cucumber, spring onion, green pepper & home-made croutons with a choice of honey & mustard, Caesar or balsamic glaze

Contains: Ask for allergens (GF/VE/VG OPTION)

Add Shredded Chicken, Grilled Halloumi or Quorn Chicken for £3.50

## SPICY RICE BOWL £12.50

Tomato & peri-peri spiced rice, crunchy slaw, houmous, mixed seeds, fresh salad & toasted pitta, all drizzled in spicey peri-peri sauce

Contains: Milk, Sesame, Wheat, Egg, Legumes, Mustard VG

Add Shredded Chicken, Grilled halloumi or Quorn Chicken for £3.50

# Burgers

## CLASSIC CHEESE BURGER £14.50

Aberdeen Angus 8oz patty topped with monterey cheese, lettuce, tomato & gherkin, served in a brioche bun with chips & slaw

Contains: Wheat, Milk, Sulphites. May Contain: Sesame (GF OPTION)

+Add crispy smoked bacon £2

+Add hash browns £2

## BUTTERMILK CHICKEN BURGER £15.50

Two succulent buttermilk chicken breast fillets, lettuce, tomato, gherkin & mayo served in a brioche bun, with chips & slaw

Contains: Wheat, Sulphites, Milk. May Contain: Sesame

+Add crispy smoked bacon £2

+Add hash browns £2

+Add Cheese £1

## THE BIG BULL £18.00

FEELING HUNGRY? Try our stacked Aberdeen angus 8oz patty, buttermilk chicken fillet, smokey BBQ pulled pork, monterey cheese & lettuce, packed in a brioche bun, served with chips, beer battered onion rings & slaw

Contains: Wheat, Soya, Milk, Sulphites. May Contain: Sesame

## ‘CHICKENLESS’ CHICKEN BURGER £14.50

Grilled Quorn chicken breast, tomato, lettuce & gherkin served in a potato bun with chips & slaw

Contains: Wheat, Soya, Sesame Bun may contain: Egg, Milk VG/VE (GF OPTION)

+Add hash browns £2

+Add Cheese £1

ADD onion rings £2.50

SWAP to sweet potato fries £2



# Ciabattas

All Our Ciabattas are served with chips & slaw or upgrade to sweet potato fries for £2  
(GF OPTIONS AVAILABLE)

BRIE & BACON & CIABATTA £ 13.50

Contains: Wheat, Milk, Sesame, Sulphites May Contain: Nuts

TUNA MELT CIABATTA £13.50

Tuna & mayo, melted cheese & spring onion

Contains: Wheat, Milk, Eggs, Fish, Sesame, Mustard, Sulphites May Contain: Nuts

BUFFALO CHICKEN CIABATTA £12.50

Shredded buffalo chicken & cheese

Contains: Wheat, Milk, Sesame, Soya, Sulphites May Contain: Nuts

HALLOUMI & SWEET CHILLI CIABATTA £ 13.00

Contains: Wheat, Sesame, Sulphites, Celery, Mustard, Nuts, Soya, Fish May Contain: Nuts  
VG

VEGAN SAUSAGE & RED ONION CIABATTA £13.00

Contains: Wheat VE/VG May Contain: Nuts

# Pizza

CHEESE & TOMATO PIZZA £13.00

Classic mozzarella & cheddar cheese on a tomato base VG (VE OPTION)

PEPPERONI PIZZA £14.00

Cheese and pepperoni on a tomato base

FUNGI PIZZA £13.50

Cheese & mushroom on a tomato base VG (VE OPTION)

MEAT FEAST PIZZA £15.00

Cheese, salami, pepperoni, pulled chicken on a tomato base

Pizza's contains: Wheat, Milk, Mustard, Soya

# Tides

GARLIC & PARSLEY PIZZA BREAD £7

Home-made pizza dough stretched & covered with garlic butter & parsley

Contains: Wheat, Milk VG

+Add Cheese £1

Chips £3.50 VE/VG/GF

Cheesy Chips £5.50

Contains: Milk VG/GF

Sweet Potato Fries £5.00 GF/VE/VG

Onion Rings £4.50

Contains: Wheat VG

Mash Potato £4.50

Contains: Milk VG/GF

# Chips To Share

Classic Loaded Chips £11.50

Chips topped with melted cheese, bacon, sour cream and spring onion

Contains: Milk GF

Dirty fries to share £13.50

Chips topped with melted cheese, burger patty, gherkin, grilled onions  
& tangy burger sauce

Contains: Milk, Sulphites, Mustard, Egg, Celery GF

Veggie fajita loaded Chips £11.50

Chips topped with melted cheese & fajita spiced veggies, sour cream & spring onion

Contains: Milk VG

# Desserts

CHOCOLATE FUDGE BROWNIE £6.50

Served with vanilla ice cream, chocolate sauce &  
chocolate dust

Contains: Soya, Milk May Contain: Nuts VG/GF

STICKY TOFFEE PUDDING £6.50

Served with vanilla ice cream or custard  
Contains: Egg, Milk May Contain: Nuts VG/GF

CARAMEL APPLE BETTY £7

Shortcrust pastry filled with caramel flavoured apple  
with a sweet crumble topping, served warm with  
vanilla ice cream or custard  
Contains: Wheat, Milk, Egg VG

LEMON & GIN SORBET £5.50

VG

TRIO OF ICE CREAM £4.50

Ask for our range

Contains: Milk, VG

RASPBERRY & BLUEBERRY ETON MESS £6.50

Crushed meringue, thick cream, layered with juicy  
raspberries & blueberries & berry coulis

Contains: Milk, Egg

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